

FOOTBALL

Football is the world's most popular sport. It is played by two teams of 11 players. The object of the game is to kick the ball into the opponent's goal.

PITCH MEASUREMENT: Vary from 90m wide by 120m long (100yds by 130yds) maximum to 45m wide by 90m long (50yds by 100yds) minimum. The width and length must include the width of the lines.

International Matches: 75m wide by 110m long (82yds by 121yds) maximum to 64m wide by 100m long (109.36yds by 70yds) minimum.

HALF WAY LINE: Centre of the field of play.

CENTRE CIRCLE: Radius of 9.15m (10yds) from the centre of the field, with the centre mark in the middle.

PENALTY KICK MARK: 11m (12yds) from the goal line, on both sides of the pitch. The mark is 22cm (9in) in diameter.

PENALTY AREA ARCS: From the penalty kick mark at a radius of 9.15m (10yds).

PENALTY AREA: From the centre of the goalpost 16.5m (18yds) long by 40.32m (44.09yds) wide.

CORNER ARCS: Radius of 1m (1yd)

GOAL AREA: From the centre of the goal post 5.5m (6yds) long from each goalpost by 18.32m (20yds) wide.

GOAL POSTS: 2.44m (8ft) high from the ground to the bottom of the crossbar and 7.32m (8yds) apart. The posts and crossbar are not to exceed 12cm (5") wide and must be white. Nets maybe attached to the goal and to the ground behind the goal.

LINE WIDTH: 12cm (5in) maximum, the goal-line is marked the same width as the goal-posts.

COLOUR: Traditionally white but not specified.

MANAGER'S GUIDE

Pedestrian: 20 min.

Fastliner: 7 min.