

VHS PAL tapes used to record NTSC

A NTSC recording of	Needs a PAL tape of at
5 minutes	8 minutes
10 minutes	15 minutes
15 minutes	22 minutes
20 minutes	29 minutes
25 minutes	36 minutes
30 minutes	43 minutes
35 minutes	50 minutes
40 minutes	58 minutes

A NTSC recording of	Needs a PAL tape of at
45 minutes	65 minutes
50 minutes	72 minutes
55 minutes	79 minutes
60 minutes	86 minutes
90 minutes	129 minutes
120 minutes	172 minutes
166 minutes	238 minutes