

SELF DIRECTED SUPPORT



**A leaflet explaining Self
Directed Support and the
role of the Support Broker**

WHAT IS SELF DIRECTED SUPPORT

If you have been assessed as being eligible to receive services from the council, directing your own support may be of interest to you.

The Council is looking at new ways of helping people get the support they need. Many people are unhappy about what is on offer from existing local services.

Self directed support is about changing the way things work so that people get more control over the services and support they get.

People who use support services need to be at the centre of all decisions about what help they get.



If you get help from the council, you can choose to direct your own support

HOW DOES IT WORK

- You will get an easy assessment to find out what kind of things you need support with.



- You will be told how much money there is to spend on the support to meet your needs (this is called an individual budget).



- You can make a plan about what support will work best for you. You can get help with this if you want it. Then you will get this agreed.



- You can choose a way to spend your individual budget and organise your support. This might be using a direct payment. There are other ways too – hopefully there will be a way that is right for you.



WHAT IS A SUPPORT BROKER

You do not have to use a broker, people close to you can help you plan. If you choose to use a broker, they will work for you.



A support broker will sort things out for you by;

- **helping you plan your support and help solve any problems.**
- **Giving you information about different services and other opportunities so that you can make choices about what you want to do and who you want to support you.**



- **Helping you get value for Money.**



- **Helping make sure you are in control and included in all decisions about the support you get.**



Contact



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