

## Older folk

If you're retired, there's lots going on at Belmont for you.

### Day for the Retired

Tuesday mornings during term time. A chance to meet together and enjoy a two-course lunch with a short epilogue and occasional games and quizzes.

### Thursday Afternoon

A fortnightly meeting with a guest speaker.

*We encourage you to join a home group too!*

If you'd like to know more about activities for older people, please contact Kathy Browne in the Office.

## Pastoral care

The Care Team is responsible for co-ordinating the pastoral care at Belmont. Most of the day-to-day pastoral care takes place through our network of home groups, but there are times when we all need a little extra support and that's where the Care Team helps out. Our aim is to extend God's love to people in ways that will help them to grow as Christians. We also run a whole range of courses.

If you'd like to know more about pastoral care or any of the courses at Belmont, or if there is any way we can help you, please contact Karol Chew at the Office.



## Contact workers

Each year we have a team of Contact workers serving here at Belmont. These young people have committed themselves to a year's service in the church. You'll see them around often—getting to know children and families, working with students, helping out with admin, teaching, taking part in services, and visiting elderly people in their homes.

**Belmont Chapel**  
Western Way, Exeter EX1 2DB  
Phone: 01392 258029  
Email: [office@belmont.eclipse.co.uk](mailto:office@belmont.eclipse.co.uk)  
Website: [www.belmontchapel.co.uk](http://www.belmontchapel.co.uk)  
Registered Charity No. 1079412

## Belmont at a glance ...

### For women

WOMEN'S PRAYER FELLOWSHIP 2nd Wednesday of the month, 12-2pm  
MUMS' PRAYER SUPPORT GROUP every Monday morning

### For young adults

THE CAFÉ Sundays, 8.00 pm (mostly term time)

### For children and young people (term-time)

KIDZONE (Reception to Year 3) Fridays, 6.00-7.30pm  
FMC (Years 4-6) Fridays, 7.30pm  
RAD18 (years 7-9) Fridays, 7.30pm  
OFF THE WALL (Years 10-13) Sundays 8.00pm  
MAD Music and Drama group (10s-18s) Wednesday, 7pm, fortnightly  
SUNDAY YOUTHWORK during 9.30 service.

### For under 5s (term-time)

TODDLER GROUPS Mon, Wed and Thurs 10.00am  
325 Club Thurs 1.00-2.30 pm  
BASH 'N' BANG Fridays 9.30am, 11.30am & 1.30 pm

### For parents

PARENTING GROUPS run each term  
DADS & TODDLERS 2nd Sat each month, 10.00-11.30am

### For the retired (term-time)

DAY FOR THE RETIRED, Tuesdays 10.30am  
THURSDAY AFTERNOON 2.30pm

### For everyone

HOME GROUPS Monday and Wednesdays, fortnightly  
BELMONT RAMBLE 1st Saturday morning each month.  
PRAYER THURSDAY 7.30am, 1.00pm & 7.45pm  
SATURDAY CYCLING A 'fast' group and 'slower' group.

## Belmont Office

The Office is open Monday to Friday during normal office hours and can be found round the back of the building up a flight of outside steps. You can



contact any of the people in this leaflet by phoning **01392 258029** or email [office@belmont.eclipse.co.uk](mailto:office@belmont.eclipse.co.uk)

If there's anything you would like to know about Belmont Chapel, please contact Kathy Browne, our Administrator, either by phone 01392 258029 or email:

[office@belmont.eclipse.co.uk](mailto:office@belmont.eclipse.co.uk)

More details about Belmont Chapel can also be found on our website at [www.belmontchapel.co.uk](http://www.belmontchapel.co.uk)



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# Welcome to Belmont Chapel Exeter

*Want to know more about  
Belmont Chapel?  
Read on ...*



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## Welcome to Belmont Chapel!

We're delighted to have you with us and look forward to getting to know you better. This leaflet is designed to give you a brief overview of all that happens at Belmont Chapel on Sundays and during the week.

### Who are we?

Belmont Chapel is a large congregation of Christians meeting in the centre of the city of Exeter.

*Our aim is to share the good news of Jesus Christ with those who don't yet know him and to deepen the discipleship of those who already do.*

We are an independent, evangelical church with strong Bible teaching, lively worship and the involvement by as many people as possible in running the church.



### Sunday services

We have services on Sunday mornings at 9.30 am and 11.15 am. We also run a 10.00AM Alternative which offers a more interactive style of learning with small discussion groups. There is a crèche at both morning services and children's and young people's groups meet during the 9.30 service. Our evening service takes place at 6.30 pm. All services include worship, teaching and Communion (either morning or evening). Members of the Prayer Team are available to pray with you after each Communion Service. Tea and coffee are served in the Concourse after each morning service.

### Are you new to Belmont Chapel?

We welcome you! Please do stay for refreshments after the morning services.



And keep an eye open for people wearing **welcome badges**. These people will tell you all about what happens here on Sundays and during the week and give you leaflets about any area of church life that particularly interests you. We hope that before long you'll feel very much part of Belmont Chapel.



### Home groups

Home groups are small groups of around 12-15 people which meet together fortnightly in a home to study the Bible, pray together and support each other. As Christian disciples we all need supportive relationships with other believers so we can grow in our knowledge and love of God and be there for each other in the ups and downs of daily life. It can be difficult to really get to know people well in the Sunday crowds which is why belonging to a home group is so important—and that's why we encourage everyone who comes to Belmont regularly to join a group.



We have over 28 groups around the city (including a group for people with special needs). Groups meet fortnightly (on Mondays or Wednesdays) and are organised geographically. We meet regularly to study the Bible and pray for one another and the needs of the wider world. Bible studies are often based around the Sunday teaching programme and offer the opportunity to reflect on what was taught and discuss how we can apply it to our lives. Groups also organise social events.



If you'd like to join a home group, please contact Derek Burnside in the Office.

### Want to know more about Christianity? Then you're especially welcome at Belmont!

We're excited about our faith and want to **share the story** with you so you can **live the life**. Each term on Tuesday evenings we run discussion groups to help you find out how you can enjoy a personal relationship with God. These are relaxed, informal meetings where no questions are off limits. To find out more about when the next group is running, contact Kathy in the Office (see back page).



**The 10AM Alternative** on Sunday mornings is for people who want to find out about the Christian faith. There's a relaxed, friendly feel to the meetings where we explore of-the-moment issues in jargon-free and accessible ways with time to discuss what you hear. No church background or bible knowledge is assumed. Details from the Office or our website on [www.belmontchapel.co.uk](http://www.belmontchapel.co.uk)

### Under Fives

We welcome lots of children and their families to Belmont every week.

**Toddler groups** Monday, Wednesday and Thursday mornings. Toys, crafts, stories.

**325 Club** For 3-5 years olds on Thursdays, 1.00-2.30. A chance for children to play while you take a break.

**Bash 'n' Bang** on Fridays. Singing action songs with simple instruments.

**Men & Toddlers** 2nd Sat each month 10am

**Parenting courses** Informal groups

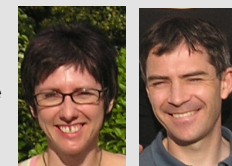
**Mums' Prayer Group** Monday mornings

Please contact Carol Browning in the Office for information about these groups.



### Children and Young People

On Friday evenings Belmont is a buzz of activity as children and young people meet for Friday clubs—a chance to unwind and have fun together. On Sunday mornings (9.30) the whole church meets for worship and then children and young people follow their own teaching programmes. Paul and Sarah Cooke (above) co-ordinate youth work activities. Please contact them in the Office to find out more.



Dave Pegg (left) is the Youth Support Worker for young people aged 11-18. Dave and others in the youth work team provide young people with support on a one-to-one basis. Contact Paul, Sarah or Dave via the Office.

### Young Adults

There is a large group of young adults at Belmont Chapel involved in all areas of church life. If you're 18-30 you'll be very welcome at **The Café** on Sunday evenings at 8pm where we tackle issues relevant to our generation leaving plenty of time to chill, chat and be challenged. **Quality company, divine discussion, superb smoothies!** We encourage all young adults to join a home group and we also arrange house parties and social events.

**If you're a student**, you're very welcome at Belmont! During your time at Uni we can arrange for you to be adopted by a family and meet up with another Christian to study the Bible and pray regularly. You'll also find many opportunities to serve.

Paul Webber is our Young Adult worker and can be contacted in the Office.

