

background:

Whilst looking at the needs of young people leaving care it was felt that they would benefit from a program that gave them pre-tenancy training and allowed young people to demonstrate their ability to manage a tenancy. This would help young people and relevant agencies develop realistic expectations about their housing options and would also give young people the opportunity to work towards an accredited award that would be useful when applying for accommodation in the future.

The Training flat was developed by Kingswood Young Homeless Project in partnership with South Glos Social services. It is based in Kingswood and serves any young person in the care of Social Services in South Glos.

about the program:

The young person will live in the flat, full time, for 3 weeks at a time, and eventually complete the 9 week program over of a period of approximately 6 months. Areas covered will include:

- Budgeting
- Cooking/Food preparation
- Health and safety in the home
- Accessing local services
- Dealing with neighbours and guests
- Paying bills
- Personal Hygiene
- Laundry
- Accessing leisure/social/recreational opportunities locally.



how this is achieved :

Before the young person moves in, a personal action plan will be developed.

A schedule for the program will then be completed, creating a training plan that includes input from the social worker, foster carers, KYHP staff (who will be the principle deliverers of the program) and of course the young person.

The program will be tailored around work or education commitments, ensuring each young person gets the same level of training and support.

who is eligible ?

- Trainees should be 16 or over
- Should have demonstrated that they are ready to plan for independent living
- Should be able to attend sessions and accept the training provided
- Should be willing to accept the rules of the flat

what is provided:

The flat is fully furnished, and includes the following :

- Bedroom:
comprising a single bed, drawers and cupboard.



- Kitchen: All white goods, kettle, microwave, and all pots, pans and crockery provided.



- Lounge: Seating, dinner table, shelving, TV/DVD player and stereo provided.

- Bathroom.
- Additional items such as side lamps, alarm clock, iron/ironing board are also provided.



What is not provided:

- Personal bedding/Towels.
- Personal Hygiene products.

how to refer:

Referrals are made by a social worker.
The application form is available on our web site www.kyhp.co.uk on the documents page

contacts

KYHP

Matt Dymond 0117 9352881

Social Services

Peter Parry 01454 866242

map



training flat



Kingwood Young Homeless Project
South Glos. Council Social Services Dept.