

What's on at The Mill?

Mondays	12.00pm-1.00pm	Beginners French Conversation Group Contact Pete for details 721458
Tuesdays	11.30pm-12.30pm	Women's Discussion Group Open to all women who use Mind Services.
Tuesdays	1.45pm-3.00pm	Philosophy and Spirituality Discussion Group. Open to users of all Mind Services
Wednesdays	2.00pm-3.00pm	Hearing Voices Informal Discussion Group. Contact Kim or Kay for details 721458
Wednesdays	1.30pm-3.00pm	Acoustic Music Group Contact Adam for details 721458
Thursdays	New group starting soon.	NHS 7 week programme to stop smoking. To sign up contact Kim or Alessandra 721458