

# Services Provided

By NAS Harrow – NASH

Updated Oct 2008



**NAS Harrow (NASH)**

35 Pinner Green

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E: [nasharrow@hotmail.com](mailto:nasharrow@hotmail.com)

W: [www.nasharrow.org.uk](http://www.nasharrow.org.uk)

**Coffee Morning :: Wednesday :: 10:30am – 12:30pm :: At The Haven, Pinner Green.**

**Coffee Morning :: Friday :: 10:30am – 12:00pm :: At The Haven, Pinner Green.**

Crèche available. Please pre book crèche for Fridays. :: Session is free, however donations are welcome.

Everybody welcome, with or without a diagnosis of autism, ASD, Asperger syndrome or traits of autism.

In conjunction with ADHD Support Group Harrow, the coffee morning is available to everyone, and offers a chance to meet other parents in a similar situation. There is a project worker available to discuss any support and help needed in a confidential environment.

*This could be a good place to start if you're new to autism.*

## Teenagers & beyond support group

Contact NASH Office on 020 8866 2244 or email [assteensupport@btconnect.com](mailto:assteensupport@btconnect.com)

A new support group held in the evening, specifically to support parents and carers of teenagers and older people with ASD.

This is a new group and is currently being set up (Oct 2008). Please enquire about the start date.

## Lending Library

Books on the subject of Autism, Asperger syndrome and all ASD related subjects, Education and Behaviour management. Books for schools including classroom strategies, siblings, carers and others.

Available during the Coffee Morning, see details above.

## Counselling Service

Contact Lynn on 020 8868 5629 held at The Haven, 35 Pinner Green, Pinner.

Free counselling service for families in Harrow living with Autism.

## Saturday Morning Respite

Contact Kelly Morrissey on 07786 336 261 or email [kelly.morrissey@nas.org.uk](mailto:kelly.morrissey@nas.org.uk) held at Hillview Nursery, South Harrow.

Music Therapy for younger and less able, age 4 – 8 :: Times 9am – 10:45am.

Drama for more able, age 8 – 12 :: Times 11:15am – 1pm.

## Adult Asperger Group.

Contact NASH Office on 020 8866 2244 or email [nashadultsocial@btconnect.com](mailto:nashadultsocial@btconnect.com) or Janet Gothelf on 07958 700168 or email [janet.gothelf@btopenworld.com](mailto:janet.gothelf@btopenworld.com)

Monthly meeting held at St Peters Church, Colbeck Road, for Adult Asperger group aged 18 and over.

## Playscheme :: Summer Playscheme for ASD children.

Contact Irene Lawrence on 07920 537 850 or email [irene.lawrence@nas.org.uk](mailto:irene.lawrence@nas.org.uk) :: held at St Peters, Colbeck Road. 2-3 schemes per year, ages 4 - 12 younger group and 8 - 16 older group.

## SCATT - Supporting Carers of people with Autism Through Training

Contact NASH Office on 020 8866 2244 or email [nasharrow@hotmail.com](mailto:nasharrow@hotmail.com) :: held at Hillview Nursery, South Harrow.

A truly specialised training course for parents or carers of a person with ASD, this course covers topics such as Background to Autism, Behaviour Management, Social and Sexual issues, Medical matters, Taking care of yourself and more.

## NASH

NASH aims to support parents, carers and professionals through information, training and support groups, and children with ASD through playschemes and special events. We have a lending library and helpline, and aim to raise awareness of the needs of Autistic families and provide input to the planning process when required, within the Borough.

Contact details above.

## Not provided by NASH, however this is a partnership project -

**ASD Youth Club** Youth club for children with high functioning autism and Asperger syndrome, Age 12 – 18 :: Tues 7 – 9pm – Cedars Youth Centre, Chicheley Road, Wealdstone, Harrow, HA3 6QH.

Contact Jean Harper :: [jean.harper@harrow.gov.uk](mailto:jean.harper@harrow.gov.uk) :: 020 8424 7621

Patron: HRH The Countess of Wessex

Chairman: Colin Barrow, CBE

President: Jane Asher

Chief Executive: Vernon Beauchamp

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