

The Newsletter of **Invicta Photographic Club of Maidstone** Issue 86, Oct 2010  
[www.invictacameraclubmaidstone.co.uk](http://www.invictacameraclubmaidstone.co.uk)

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### **Date for your diary**

- During September and October Glyn Bareham LRPS CPAGB has prints included in an exhibition at the Art House Gallery, Oad Street Craft Centre, Oad Street, Borden, near Sittingbourne, Kent. ME9 8LB. Open 9:30-5:30 7 days a week. Telephone 01795 842244 for further information or visit [www.arthousegallery-kent.co.uk](http://www.arthousegallery-kent.co.uk) or [www.oadstreetcentre.co.uk](http://www.oadstreetcentre.co.uk). Go through the shop and courtyard to the gallery at rear. Do pop along if you get the chance, there's lot's to see and nice home made stuff in the tearooms, (but can get busy when they have coaches arrive).
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Congratulations to Tony Bentley who has recently achieved his Associateship of the Royal Photographic Society. Well done Tony Bentley ARPS!

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### **Chairman's Chatterings**

Welcome to the 2010/11 season

There's an old saying that goes 'Make new friends and keep the old, one is silver, the other is gold'. I first read this on the side of an old biscuit tin an elderly relative kept her buttons and other essential bits in and it's always stayed with me.

As we start another season it certainly applies to us with the challenges we face as we change to Thursday evenings in the main hall. We have a good program, thanks to the work Glyn and Ron put in last year, and we have the privilege of representing Kent in the PAGB print competition this year, thanks to the high quality of the prints we were able to exhibit in the KCPA competition. Thanks to members photographic skills and the selection teams shrewd choice of entries.

We also have a need to maintain and increase our membership numbers to justify the change to the main hall and its increased costs that we have undertaken without raising our membership subscription. Bill and many others have done sterling work in this direction during the summer break. I certainly feel that we have started off in a manner that justifies our claim 'the friendly club', something which we all contribute to and have good reason to feel proud of as we go forward. Inevitably we have lost members as we change, sadly that is the nature of change, fortunately we have new faces, new members creating new challenges and fresh opportunities, the silver that will become our gold.

I am sure that the main catalyst for this change in alchemy will be brought about by the training sessions that Bill, now ably backed up by Chas, will be carrying out to all our advantage along with the efforts of the committee who met three times during the summer break. The website is as near as possible up to date ,the coming program, club competition rules and constitution all available along with a gallery of members work, to add yours please contact Mike Tomkins whose efforts have brought this about for us.

There's a lot been done but that's only enough to get the season started, there's a lot more to come for us all now the club competitions have started ,full info on the website. With all that we are committed to, the competition secretary's will have a busy time this year, if its weight of entries that bog them down they won't mind, if its badly presented or formatted details of entries that will sure get up their noses. Please help, check out the requirements and do your best to make their life a pleasure not a chore. Use the forms where possible that are available on club nights. Thanks.

Let's not forget Mick in the thanks, who undertakes the task of bringing this news-sheet to us, help him help us by providing him with articles and information to keep this informative news-sheet relevant to our needs. Another strong contribution to the friendly club bit comes from Brian who plans and guides our monthly walks, no ten mile treks over hills and dales here, just 3 or 4 miles of ambling along in good company providing the opportunity to blow away Sunday morning cobwebs in the fresh air, take a few photo's, chat with members in a relaxed atmosphere and generally have a better chance to get to know each other. And there's a hidden ingredient in all this, Sunday lunch in whatever form it takes, always tastes a lot better after a good walk and a chat ,don't be confused by walk, I feel amble fits these activities better and once again details are on the website.

That's enough for now, anybody want to be our secretary?, Mainly redistributing info received from varying sources to relevant members by e-mail, as Kathie does an excellent job of taking and distributing the minutes of our meetings and there's a whole committee to help and support you in dealing with things. Please help if you can, go on. Say, yes I will.

Neal Goodhand (Chairman).

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### **2009/10 season roll of honour**

Print league winner - George Pearson CPAGB

Projected image league winner - George Pearson CPAGB

Imagination Trophy winner - Ron Edwards EFIAP (with a print titled Autumn Impression)

Best of the Rest print competition winner - Mick Sayer ARPS BPE3\* (Corrosion & Decay)

AV competition winner - George Pearson CPAGB (with a sequence titled Castro's Cuba)

Projected image competition winner - Peter Ratcliffe LRPS (Osprey)

Print panel winner - Derek Turner (St Margaret's Chapel, Edinburgh)

Projected image panel winner - George Pearson CPAGB (Spurn Head)

Monochrome print winner - Tony Bentley LRPS (Mote Park in the Mist)

Portrait print winner - Glyn Bareham LRPS CPAGB (Cheers)

Print of the Year - Ron Edwards EFIAP (White Elegance)

Projected image of the Year - George Pearson CPAGB (St Paul's Surfaces)

Chairman's Shield - Bill Bassant (for services to the club)



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**Maintaining an efficient PC – part 2**, the next gripping instalment of PC performance maintenance.

Firewall..... what is it, and do I need one. Well yes you do. The firewall is in essence clever software that "hides" your PC from the outside world. You can talk to other sites but they can't get into your network (and possibly attack your PC) unless authorised. Quite often the network router (modem) can provide this facility in its hardware, but it is always worth switching on the supplied 'Windows' firewall as well. To check this, click on 'control panel'. Now assuming you see 'Pick a category' and only about 10 icons then you are using the 'Category view'. If you see about 40 icons you are using 'classic view'. You can toggle between these two ways of viewing the control panel by clicking on the left hand side where it says 'control panel' and either 'classic view' or 'category view'. To make things easier, if you are on 'classic view' I suggest switching to 'category view' for now and then swap back later.

So to recap, we have gone into control panel, and now we click 'Security centre', where hopefully you will see three green lights. Should this not be the case then you need to investigate. Click on the firewall icon just underneath to switch on the firewall. If the automatic updates isn't on, then click its icon below to switch it on. You can set the time for Microsoft automatic update to load by clicking the two arrows to the right, and then altering time on the resulting popup. Please don't assume that because your PC is working OK that you don't need updates. These are mainly to increase security, as vulnerability issues are being uncovered all the time. If the 'Virus protection' isn't green you need to install an anti virus programme, but click on the double arrow on the right to get more information.

Did the previous step find an anti virus programme? Assuming you did then all is well and good but has it been setup to do an automatic scan, or do you occasionally start a scan yourself? Although the programme is sitting and working in the background it is still possible for a virus to get in. Not all virus checkers check incoming mail for instance. Likewise for memory sticks etc. So please manually run a scan once a month or so, should you not see it happening automatically. As all anti virus programmes vary I can't give specific instructions, but if you click on the virus programme you should see something like 'Computer scanner' which you then click and then see options like 'scan whole computer'. As an example, this takes an hour or so on my computer so it's best to do it when your favourite programme comes on TV.

Whilst in the anti virus programme page, check the date of the last update. These programmes download new information daily on new viruses so make sure the last update is within a day or so. It is possible to think you are protected but the licence has expired and so you won't get updates, and with ever changing viruses appearing you aren't protected. Should you not have a virus checking programme or object to paying a yearly licence fee then I strongly recommend 'AVG Free'. This programme always comes top or near top of the available programmes in tests. They also do a paid for version but for home use this is unnecessary. (I have been using AVG for years now). Make sure you only download the free version as they try to slightly hide this to persuade you to pay for an 'Upgraded version' which you don't need. Link:- <http://free.avg.com/>

Again I think that is enough of my ramblings so its goodbye from him.

Ian.

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### For sale

**Sigma 70-300mm D-AF f4-5.6 DL macro super lens to fit Nikon** in mint condition, with lens hood and all caps, boxed. £40 ono. (Not suitable for D40 or D60 as no motor in the lens). For further details please contact Mick Sayer.

**Sigma 15-30mm D-EX aspherical IF lens f3.5-22 AF to fit Nikon** complete with all caps and hood, very little use, as new, £120 ovno. See Penny on a club night or phone 01732 365642, if no answer please leave a message.

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### Secrets Emerging

Some of you will know that for the last two years I have, for reasons of personal vanity and dubious posterity, been producing Blurb books. When a well known professional American photographer was reviewing my first efforts, amongst the constructive criticism (a worthwhile grounding exercise) was that my concerns seemed to be predominantly pictorial, they were not content driven. The few people in the pictures were shot from a distance and did not interact with me, they were unconscious of my presence. I justified this by saying I did not want their personality mediated by any reaction to me. But he suggested I try various techniques to see if stronger photos came out of direct engagement with the subject.

A visit to Laos and North Vietnam at Xmas, itself suggested by another photographer, gave me the chance to do just that. I wanted to visit areas distant from the tourist haunts of Vientiane and Luang Prabang, delightful though they are. A new journey by Explore across Laos though to a little used road border crossing in North Vietnam promised the chance to visit Hill Tribes that had few encounters with camera toting tourists. I fought the

temptation to take lots of bodies and lenses, using just my Canon 5D/40D bodies and 2 L lenses, but shoved in a lightweight tripod 'just in case'.

A fairly conventional start was made at Vientiane, capital of Laos, and it was not immediately apparent that we were in a Communist country. Typical Thai-like images followed, of Buddhist shrines, colourful markets and a fairly dull compulsory visit to monuments celebrating victory of the State over Imperialist Forces. Laos is Socialist but has embraced free-market principles remaining one of the poorest countries in the world. There are around 40 established ethnic groups who retain connections with the Spirit world; many are quite isolated and under some pressure to be culturally absorbed.

Following a short flight to Luang Prabang whose famous night market and monk 'begging parade' drag in Western Hordes looking for an authentic experience, we left for the long drive to the 'Plain of Jars' and immediately were free of any other groups. En route we made the first of several visits to Mong villages which our guide had seen in the preliminary study and he returned some photo of the villagers to their total joy. It was clear they were living in abject poverty with none of the services we take for granted, no electricity, vehicles, mains drainage etc; just one water pump for several hundred people. We had earlier clubbed together and purchased lots of posters, pencils, text and exercise books which we gave to the teacher. The reactions of the children were amazing, mutual wonder, no begging just a joyous fulfilling exchange. It is the images that I took there that stay with me and I undertook then to send a copy of every photo taken back to each person in each village and also to send a copy of the photo book 'Secrets Emerging' with the guide to each village elder. I tried hard to avoid the 'shoot-a-bum' school of photography by shooting only those who spoke to me, obtaining permission (not comfortable for me usually) and not pointing the camera downwards. None of them were familiar with ordinary cameras, no TV, so digital images on the screen freaked them out. I hope the photos tell a story.

At Phonsaven we spent a day with one of the 'bombie' disposal groups ending up with one of us exploding the collection of bombies taken from a paddy field. There are an estimated 8 million unexploded bomblets lying in fields over north eastern Laos and with 2 tonnes of high explosive per person Laos is the most heavily bombed nation on earth. For decades this was a 'secret' since the Americans constantly denied, and still do to this day, that any bombing in Laos took place. The evidence however is overwhelming with amazing new uses being found for the metal cases still carrying USA markings. Fearing the spread of communism during the Vietnam fiasco and wanting to destroy the Hoh-Chi-Min Trail they tried to destroy the supply routes and the Communist Pathet Lao hide-out at the Vieng Xai caves. Worse still, when returning to Thailand the loaded bombers had to jettison their loads randomly, to avoid landing with bombs aboard. Young children constantly get their limbs blown off as they try to recover the valuable explosive from bombies and work in the paddy fields. Many nations, except the USA, are committed to send disposal teams to try to clear the bombs. At the current rate it will be another hundred years before this is accomplished. History is full of absurd mistakes and each generation seems to merely repeat the errors of their parents.

The remainder of the trip through to Ha Long Bay and Hanoi ticked all the boxes but just seems so unimportant now.

"Is it thy will thy image should keep my heavy eyelids open to the weary night  
Do'st thou desire my slumbers should be broken whilst shadows like to thee do mock my sight  
Is it thy spirit that thou send'st from thee so far from home

Into my deeds to pry, to find out shames and idle hours in me" W Shakespeare

Few books reveal the Laos emergence from the war better than the Dr Siri books by Colin Cotterill and all the royalties and fees from the sale go to help victims of unexploded ordinance which continue to maim and kill the innocent regardless of ethnicity or political persuasion. They also go to promote literacy and the provision of scholarships to train teachers willing to work in remote village schools.

See [laoinsight@yahoo.com](mailto:laoinsight@yahoo.com)

George

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### **Scottish nature photography awards**

A new Photographic Competition has been launched to provide a platform to showcase the depth of photographic talent that is drawn to and inspired by Scotland's landscape and natural heritage. The Scottish Nature Photography Awards Photographic Competition 2010 is now open for entry to professional, semi-professional or amateur photographers. The categories are Scottish Wildlife, Scottish Landscape, Natural Abstract and Environmental. We welcome entries from around the world, but the images must be taken in Scotland.

The four category winners will compete for the overall winning title of Scottish Nature Photographer of the Year. Prizes for the overall winner include an exclusive one to one workshop day with award winning wildlife photographer and competition judge, Neil McIntyre. To accompany the workshop prize in Aviemore, The Macdonald Aviemore Resort is sponsoring 1 night's stay for 2 people at the 4\* Highlands Hotel. The prize includes Dinner, bed and breakfast for 2 guests and full use of the resort leisure facilities. The overall winner will also win a £250 gift voucher for Calumet (sponsored by Calumet Photographic), a Lowepro Rucksack (Sponsored by The Camera Shop, Perth) and a £300 gift voucher for Stealth Gear Clothing (sponsored by Stealth Gear).

Category winners and 2nd and 3rd place runners-up will have their images included in an exhibition tour. Entries close on 30 November 2010. For details of how to enter, the judges and the rest of the great prizes on offer for category winners and runners-up, please see the website at [www.scottishnaturephotographyawards.com](http://www.scottishnaturephotographyawards.com).

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### **Print mounting board**

The club holds a stock of Wessex Pictures own brand WM500 white print mounting board, at a cost of £1 per 500x400mm mount. Contact Bill Bassant or Frank Magill at any club evening.

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### **Walks, Walks, Walks**



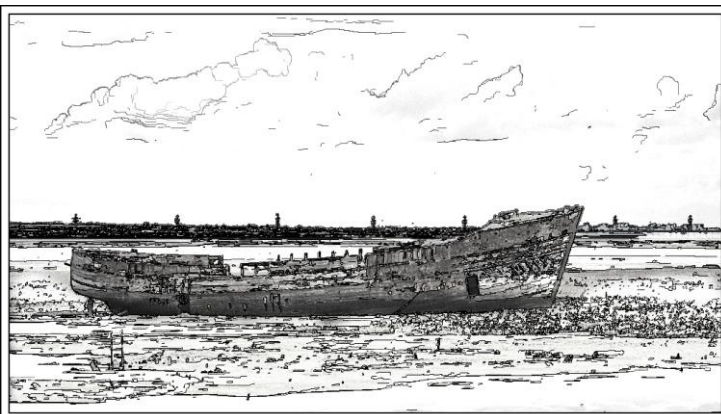
As last year, these walks are intended to let members and their friends have a social get together with opportunities to take photos, have a bit of exercise and a drink or meal afterwards. They are planned to be fairly short, about 2 to 4 miles. Some will be out in the country, so there will be mud (wear decent shoes/boots), a few stiles, small hills and just possibly rain! I'll be waiting at the start, if my creaking joints still allow, so do come and please don't be late or I might have gone (home!). As before, they will be on the first Sunday morning of each month to help you (and me) to remember!

If you want a roast Sunday lunch in the pub you ought to book it beforehand but don't assume others are doing the same. Don't forget that the safety of yourselves and your guests is your responsibility so only go where you are happy to venture!

Date	Time	Meeting/parking place	Length	Route/terrain	Photo Opportunities	Refreshments
3 Oct 2010	10am	West Malling, Manor Park Country Park, car park (fee).	3½ miles	To East Malling and back.	Landscapes, streams, and tudor houses.	Cafe (Suzie's) in the park.
7 Nov 2010	10am	Maidstone, Mote Park car park near the cafe.	4 miles	A devious route through the park and east towards Otham and back!	Landscapes, birds, lake, trains, river, fields and a church.	Cafe in the park.
6 Dec 2010	10am	RSPB new car park at Cliffe. Not marked on the map but it is near the gravel works and Cliffe Pools Nature Reserve. I will produce a map as a guide. (Take the B2000 towards Cliffe, half a mile after Cliffe Woods turn left at Rectory Road then at the end, turn right. After a 1/4 mile turn left (east) on the road to the works. At the end turn right and shortly you should see the new RSPB car park branching off left.)	2-4 miles depending on the weather!	Birdwatchers country. Flat, wet, windy on rough tracks.	Birds and landscapes. A fox came to see me when I checked the walk in June!	Pub in Cliffe but no food when I checked! I will investigate further.

### First Walk This Season - Motney Hill

Sunday, 5 September (first Sunday of the month, as usual) brought in some good weather for our walk. We started from the east car park of the Riverside Country Park, Gillingham. The tide was in so it looked a bit different from when I checked the walk out, so we couldn't get quite so close to the wreck for photographs. Fortunately, there was enough of the "beach" left to walk on. The Saxon Shore Way goes along the first and later parts of the walk but we continued along the shore until we reached the fenced in area. On the map the walk looks a bit off-putting as a large part of the Motney Hill peninsular is covered by a sewage works! In



practice, it's not a problem as it is out of sight most of the way and the wind is usually blowing in the right direction! The path back over the top of the hill was a lot more overgrown than expected but we managed to hack our way through the jungle. We were surprised to be joined by our intrepid chairman at this point as he had decided to start from the main Riverside car park and eventually

caught up with us. Towards the end we had to go through a tempting pear orchard - it's amazing how much fruit there is this year. On the way back we looked in on the Berengrave Nature Reserve. This is a very overgrown chalk quarry once used for cement production. It has a few industrial archaeology remains and is looked after by a local organisation - its website is very extensive. We didn't traverse the path right through the reserve as it is quite long and has a lot of steps - I leave that to you to investigate at your leisure! Back at the car park we decided to drive to the visitor centre cafe for breakfast! Brian

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## Internal competition results

Imagination Trophy, judged by Frank Page LRPS LMPA on 7 Oct 2010:

Print Title	Photographer	Mark	Position
Stairway To?	Glyn Bareham	19	=3 <sup>rd</sup>
Vandyke Kinderdijk	Chas Bedford	17	
Spring Dream	Ron Edwards	15	
Endless Bridge	Phil Ravenshear	16	
Fly-under	Glyn Bareham	17	
Fishy Knocker	Nicholas Hill	18	
I Was Petrified	George Pearson	16	
Sand and Tide Patterns	Mick Sayer	19	=3 <sup>rd</sup>
Off To the Shops	Ann Harrison	14	
Dales Impression	Ron Edwards	20	2 <sup>nd</sup>
Alpine Huts	Brian Paxton	13	
Which Way?	Glyn Bareham	17	
Green Green Glass of Home	Neal Goodhand	17	
A Dream of Summer	Chas Bedford	18	
Cracks and Wrinkles	Phil Ravenshear	14	
Lit From Below	Ann Harrison	15	
Duo of Venice	Ron Edwards	18	
Reculver Rock	Nicholas Hill	16	
Arum's Through Reeded Glass	Mick Sayer	16	
Maidstone Lights	Chas Bedford	18	
Lone Kite	Neal Goodhand	20	1 <sup>st</sup>
Feeling Insignificant	Glyn Bareham	18	
Time for Reflection	Phil Ravenshear	18	
Autumn Leaves	Ron Edwards	14	
Dreamscape	Glyn Bareham	18	
Faux Cyanotype - Winter Leaves	Chas Bedford	18	
Soft Gorilla Cage	George Pearson	14	
An English Castle	Nicholas Hill	14	
Dare I Go Out There?	Ann Harrison	17	
Cutting Edge	Ron Edwards	15	
It	Glyn Bareham	16	

Projected Image Title	Photographer	Mark	Position
After the Ballot Box	Neal Goodhand	15	
Bad Trip	George Pearson	20	2 <sup>nd</sup>
Bygone Days	Bill Bassant	17	
Where Did I Leave the Wife?	Tony Bentley	16	

Flying a Kite	George Pearson	17	
Cooling Off	Neal Goodhand	15	
I'm Big Enough To Be the Driver	Tony Bentley	17	
Close Parking	Brian Paxton	17	
Dungeness Apparition	Frank Magill	16	
Winning Shot	Phil Ravenshear	16	
Running Up Shot	Phil Ravenshear	14	
A Dream	George Pearson	19	
Paul Woz 'Ere	Neal Goodhand	17	
Ghost	Bill Bassant	17	
Colour Co-ordinated	Neal Goodhand	18	
Tubular Belle	Janice Spice	18	
Faces In Wood	Frank Magill	15	
For Rent, A Spot of Paint Needed	Bill Bassant	16	
Wooden Leaf	Brian Paxton	17	
Holy Light	Tony Bentley	15	
Riverside Sketch	Brian Paxton	20	3 <sup>rd</sup>
All At Sea	George Pearson	17	
On The Edge	Janice Spice	20	1 <sup>st</sup>
Yet To Be... Tadpoles	Janice Spice	17	
Close Third	Phil Ravenshear	15	
Which Way Now?	Ann Harrison	16	
Is That Alright Madam?	Ann Harrison	17	
Let Me In	Ann Harrison	15	

The overall winner of the Imagination Trophy for 2010/11 is Lone Kite by Neal Goodhand. Well done Neal, that's the first trophy in the bag!

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### More Back to Basics: Projected images

Projected images are becoming an important part of club activities. However they require an approach that is somewhat different to print generation. The main point is that the resolution is a lot less because the means of display, the projector, has a lower resolution capability. The current standard for lower cost projectors is 1024 pixels wide by 768 pixels high. Note that there is no special ability to cope with portrait mode pictures so portraits have to be smaller to fit in to the 768 pixel height. Our current club competition rules are made to fit in with this - entries must have pixel dimensions equal or smaller than the projector capability (any spare space around will be filled with black in our competitions).

So what should we do with our pictures to make them comply? We could just submit bigger pictures and hope the projector would make them fit but I think this process would reduce picture quality - because we don't know exactly how the projector does this...and it's against the entry rules! The more obvious process is to resize our pictures to fit the pixel dimensions required. There are several methods to do this:-

#### 1 Crop using a 4:3 ratio.

This assumes you want to use the full projected image space and the crop ratio suits your picture.

##### 1.1 Marquee Tool

Set the Feather to 0, Mode to Fixed Aspect Ratio, width to 4 and height to 3, use the tool by dragging, and then go to Image - crop. That will produce a crop of the right ratio but not of

the right resolution. To adjust resolution use the usual image resize method with settings Constrain Proportions and Resample Image, and using the appropriate image sampling method (ie. Bicubic Smoother if increasing the number of pixels or Bicubic Sharper if reducing the number of pixels).

*The Marquee Tool method is not very flexible because you cannot move the selection or change its size so I wouldn't recommend it.*

## 1.2 Crop Tool

Set aspect ratio to Custom, width to 4cm (or any units), height to 3cm (or same units as width), and leave the pixels per inch blank (it doesn't matter what print resolution is). Move to a better selection if you prefer then accept the crop. After that do the usual image resize as above.

## 2 Crop using the specific pixel ratio you want for your picture.

### 2.1 Crop Tool using a specified aspect ratio

Use the crop tool. Set the size to what you want within the required 1024px x 768px. The print resolution setting is not needed for projected images. This will give you the picture you want at the resolution you want. The only snag, as I see it, is that you don't know what method was used to reduce the pixels so it may reduce picture quality. But you can easily move the selection around to where you want.

### 2.2 Crop using the unrestricted setting.

You don't have to set sizes here. Set the crop tool to Unrestricted, select by dragging over the bit of the picture you want and the ratio to suit the picture. This just cuts a lump out of your original image so there has been no messing about with pixels! Subsequently you can resize the picture to the pixel size you want using the re-sampling method you choose as above. Make sure neither dimension is bigger than allowed.

**PS:** If you want to put a border around the picture remember it needs to be a light colour to show against the black background. Use Select All, Edit - Stroke Outline Selection, Width about 2px, Location - Inside, then choose colour by clicking in the colour patch and then the shade required. This is not the only way to produce a border! Some judges don't like them at all! I find sharpening a smaller picture like this need less 'amount' too. Brian.

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## Conundrums

Something different this month in the form of a few conundrums for you to solve. Answers in the next edition!

1. Continue this sequence in a logical way:

M   I   W   I   —   —   —

2. Correct this formula with a single stroke:

5 + 5 + 5 = 550

3. Draw a rectangle with three lines here:

## **Officers and Committee Member of the club**

The following Officers and Committee Members were elected at the AGM on the 14 April 2010:

### **Officers**

Chairman	Neal Goodhand
Vice-Chairman	Bill Bassant
Hon Secretary	Position Vacant
Hon Treasurer	Neil Marshall
Membership Secretary	Bill Bassant
Programme Secretary	Neal Goodhand
Competition Secretary - Internal Prints	Frank Magill
Competition Secretary - Internal Digital	Mike Tomkins
Competition Secretary - External	George Pearson CPAGB
Minutes Secretary	Kathie Howe

### **Other Committee Members**

Publicity Officer	Frank Magill
Newsletter Editor	Mick Sayer ARPS BPE3*
Web Master	Mike Tomkins
Equipment Officer (1)	Mike Tomkins
Equipment Officer (2)	Position Vacant
KCPA Delegate (1)	Brian Paxton
KCPA Delegate (2)	Mike Tomkins
SNAPS Delegate	Neal Goodhand
Projectionist	Jon Adkins
Committee (1)	Ann Harrison
Committee (2)	Chas Bedford
Committee (3)	Tina Rogan
Committee (4)	Bob Beard

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### **And finally...**

Here's the third poem/song lyrics from our new poet. All you have to do is identify the mystery poet at the next Xmas social event! The first correct name drawn from the hat will win a bottle of wine.

### **Stand By Your Friends ©2010**

When things get too tough  
Don't know what to do  
A really good friend  
Will be there for you

When you're feeling down  
Upset or alone  
Call up a good friend  
And talk on the phone

Know who your friends are  
And stand by them now  
Like they do for you  
We've all made that vow

Your mind is mixed up  
And you can't think straight  
Friends listen to you  
Have patience and wait

Get out for the day  
A drink and some sun  
Say thanks to your friends  
And all that they've done

Know who your friends are  
And stand by them now  
Like they do for you  
We've all made that vow

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