

# Woodvale & Ainsdale Community Association

Registered Charity No. 1042518



'In the hands of  
people that care'

## \*MAIN OFFICE

\*Woodvale Community Centre  
Meadow Lane  
Woodvale, SOUTHPORT  
Merseyside. PR8 3RS  
Telephone: 01704 573084

## \*\*ADDRESS ALL MAIL TO MAIN OFFICE

\*\*WACA Recreation Centre  
Orchard Lane  
Ainsdale, SOUTHPORT  
Merseyside PR8 3RG  
Telephone: 01704 575264

Web Address:

[www.woodvalecommunitycentre.co.uk](http://www.woodvalecommunitycentre.co.uk)

Email Address:

[woodvalecentre@btconnect.com](mailto:woodvalecentre@btconnect.com)



# Duke of Edinburgh's Award Expedition Training

## AGE 14 – 19

DATE	LOCATION	TIME	COST
Starts 13 March 2012	WACA Community Centre	Tuesdays 6.30pm – 8.30pm	<b>FREE</b>

### COURSE CONTENT:

- First Aid and Emergency Procedures
- Awareness of Risk and Health and Safety Issues
- Navigation and Route Planning
- Camp Craft Equipment and Hygiene
- Food and Cooking
- Team Building

We have places available for Bronze, Silver and Gold groups for practice and qualifying expeditions, either on foot or mountain biking. Support also provided for all 4 sections of the Award  
All staff have enhanced CRB clearance and are experienced and qualified e.g Mountain Leader, Mountain Bike Instructors.

For further information, to register your interest and book your place, please contact WACA staff ASAP at Woodvale Community Centre. (Contact details as above)



THE DUKE OF  
EDINBURGH'S AWARD  
[www.DofE.org](http://www.DofE.org)

